

## Lesson 72: Stress

By Xandra

### 1. Dialogue

*First, repeat after your tutor. Then, practice each role.*

Atsushi: You don't look well, Ben. **What's the matter?**

Ben: It's nothing. I'm just a little stressed.

Atsushi: You need to relax. Why don't we play tennis after work?

Ben: I'd love to but I have a lot of work to do.

Atsushi: If you change your mind, I'll be on the tennis court at 5:00PM.

Ben: Thanks, pal.

### 2. Today's Phrase

*First, repeat after your tutor. Then, make a few sentences using Today's phrase.*

1. **What's the matter** with your dog? It's been barking all day.

2. **What's the matter**, Jack? Is everything alright?

3. **What's the matter** with you? Why did you kick the cat?

\* **What's the matter** (with ...)? / (...は) どうかしたのですか?

### 3. Your Task

*You are not doing well in school. Your teacher (=your tutor) wants to talk to you about it. Tell him/her that you're a little stressed. Explain to your teacher why you are stressed.*

### 4. Let's Talk

*What are the things that give you stress?*

*What do you do to relax?*

*What do your parents do to relax?*

### 5. Today's photo

*Describe the photo in your words as precisely as possible.*



Image courtesy of stockimages / FreeDigitalPhotos.net